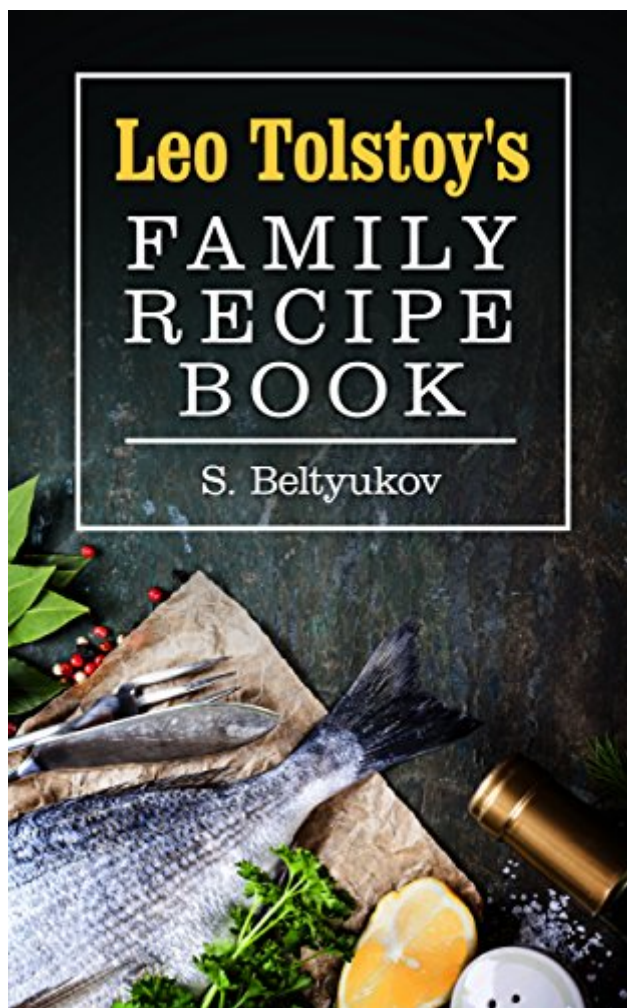


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# Leo Tolstoy's Family Recipe Book



## Synopsis

Disclaimer for VEGETARIANS: Leo Tolstoy became vegetarian when he was 50 years old. Before that his true passion was hunting. So, do not expect only vegetarian recipes. – “Leo Tolstoy’s family recipe book” – Inspiring and original French and Imperial Russian recipes that will transport your taste and imagination back to a grandiose bygone era. How to quickly gain a reputation of an exceptional housewife? Aesthetics, fancy table layout, complex dishes, rituals and entertainment... Bad news: this is not enough. Good news: there is always a secret ingredient. And it can be found in this book. This is not just a collection of Leo Tolstoy’s wife’s cooking recipes. This is a direct ticket to a far-away place with a wonderful atmosphere. Sophia Tolstaya created new breakfast, lunch and tea-time menus. The earl’s home was frequented by guests, and Leo himself had special affinity to food in different periods of his life. All Sophia’s recipes created over many years, all her little secrets were collected by her brother Stepan Bers. He reworked Sophia’s diaries, her letters, her recorded conversations with the cook. In 1874, Stepan made a present to his sister and published – “The Cookbook” – in a single copy. As the time passed, the book, initially created as a joking collection, evolved into a unique source of inspiration, a source of special knowledge. First of all, this book is about the intricacies of Russian and French cuisines. Today, these recipes cannot be recreated without special research. Not only have we lost the old ways of cooking particular products, but also lost the understanding of taste combinations. Want to hear excited voices praising your work? Open the book at page 13, take the first recipe and get going. Another unobvious effect of this book is the transformation of any dull party into your favorite scene. Tolstoy’s fans know very well that food and eating in his legendary novels are treated very delicately, and the very act of eating is like a parallel storyline. You can now easily organize a dinner in Anna Karenina Kitty’s style, or host a warm and hearty dinner in the Rostovs family style. It is so important that you break out from the mundane gastronomic routine, surprise your friends, give your holiday a touch or a royal feast, feel the power of love and family traditions. Why don’t you do it by following the advice and recommendations of the worthiest of all wives and mothers – the great Sophia Tolstaya? Each lunch as an adventure. Each dinner as a journey. Each dish as a separate object for discussion and recollection. Let’s ask again, where does the reputation of a good housewife come from? In equal proportions – a local supermarket around the corner, your readiness to do something special, and this recipe collection as a gift from the great. You are offered an endless number of scenarios for dinners with family, friends, mundane or festive. All you need to do is to start cooking and enjoy the process. And even if

you look at the very end of it, the story will be just as good, or even better. And that's a sign of a real masterpiece.

## Book Information

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## Customer Reviews

This is not something that I ever would have even thought to look for but it came up as a recommendation and it is certainly worth the price that I paid.

Leo Tolstoy's family recipe bookBook that has two parts: one is the diary that goes along with the recipes that are included.What a find! What feasts they had in early 1900's. Find it fascinating about beating ingredients in one direction and the amount in some recipes-15 egg whites!

The recipes were sketchy and since I'm not familiar with some of the resulting tastes I will be in 'experiment' mode. The story with the recipes is very insightful to the times and the life of Tolstoy. Experiments here I come.

Since I'm interested in all sorts of culinary techniques, stories, recipes, etc., I found this book fascinating. The amounts of ingredients and how they were incorporated into each recipe was extremely interesting. The little side stories contributed by the family and friends only added to the pleasure of reading it. Short and sweet, I recommend it highly.

REALY A NICE SURPRISE ----- HISTORY AND FOOD COMBINED -----NO WARS ETC. -----  
JUST PEOPLE SITTING DOWN TO THE ONE THINGTHEY LOVED BEAT ----- HOME COOKING

How beautiful to carry on such beautiful family recipes. History so rich and the foods are delicious.  
 ÆfÃ Ã ÅÃ ÆœÃ â ¬ enjoy eating!

Wasn't as interesting as I thought it would be.

I have not been able to read the book because they want a review now will do it later. Nice pictures.

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